



Lak Saviya Foundation

Helping the needy help themselves

Reflections

Lak Saviya Foundation - Australia Incorporated

Our aim is to uplift the economic and social standards of the needy in a sustainable manner.

www.laksaviya.org.au enquiries – info@laksaviya.org.au

Newsletter - Issue 2

You can make a difference - Together we can make it happen

Ongoing Project

Helping resettled villagers in Northern Province

LSF, with financial assistance of Peninsula Motor Group of Bankstown and ALCOA (Australia), and guidance of the Sri Lankan Army, provided 50 bicycles to newly resettled in Ampakamam village, Mulathivu District in September 2010. In an area with no public transport, children having to walk kilometres to school in scorching sun, a bicycle is worth more than a car to us. In a continuation of this project, LSF provided 10 water pumps and seeds for agriculture to resettled villagers in Mulathivu District to generate self employment.

Currently LSF plans to continue this work, and also sponsor 25 needy students in the area. If you are interested in sponsoring a needy student please write to: scholarships@laksaviya.org.au. Currently 20 students from Northern Province and 12 students from other areas are awaiting sponsors.



**Bicycle recipient at home
Ampakamam, Mulathivu**



Beds in Jaffna General Hospital

Recently Completed Project

With the assistance of some well-wishers LSF shipped 36 used hospital beds, including 7 hi-tech surgical beds worth over Rs 2 million, from Perth, Western Australia to the Northern Province health sector, Sri Lanka.

The beds were accepted by Dr Ketheeswaran, at a ceremony at the Jaffna General Hospital on 29 October 2010.

LSF Project Selection Criteria

In line with the theme "Helping the needy help themselves" LSF reiterates its project selection criteria to be more towards "Self Help" than "Welfare". This means projects with following attributes get higher priority:

- ❖ Self – help: Give the fishing rod and teach how to fish. Don't give the fish.
- ❖ Work for the help; do not expect it for nothing: No such thing as a free lunch.
- ❖ Own and sustain: Contribute, own and keep it going. LSF cannot help forever.

By implementing above, LSF intends to provide projects that build the capacity of recipient individuals and institutions; ensure accountability and proper use of funds by improving governance; encourage recipient contribution thus making them to own the project; and sustain without expecting ongoing help.

ALL YOU CAN EAT CHARITY DINNER

For Helping the Needy in Sri Lanka

19 March 2011

From 5.30 pm to 10.30 pm

At Roselea Community Centre

(645 Pennant Hills Road, Carlingford)

Authentic Sri Lankan Cuisine

Hoppers, Dosai and Fried Rice

Vegetarian and Non-Vegetarian Dishes.

Dessert, Tea and Coffee Included

Adults \$25, Children (under 12) \$10

Wine, Beer and Soft Drinks Available for Sale

For reservations please contact :
dinner@laksaviya.org.au

or

Tissa Liyanage - 0413 385 937

Jude Fernando - 0411 473 478

Kapila Ranatunga - 0412 797 160



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"You can make a difference - Together we can make it happen"

Happiness is a by-product of an effort to make someone else happy.

~Greta Brooker Palmer

Projects under the Four Main LSF Themes

LSF projects are categorized into 4 main themes. Current and past projects under two of them are listed below. Projects under the other two themes: **Access to Education**, and **Improving Health Facilities**, will be in the next issue of Reflections, later in the year.

Bridging the Digital Divide

Closing the ever increasing gap between rich and poor caused by inaccessibility to Information Technology (IT) - is an emerging issue. Following projects are LSF contribution to address this emerging social challenge in Sri Lanka.

- ❖ Assisting to develop and operate a rural IT Education centre (LakAruna Foundation - <http://www.lakaruna.org/>) in Hingurukaduwa, Passara - Uva Province, currently serving over 100 children. **This project is ongoing and currently entering the next phase of providing a building to conduct the classes, as the current dilapidated shelters are inadequate and unsafe for the children. Assistance can be provided by writing to: info@laksaviya.org.au**
- ❖ Providing operational expenses to an IT education centre (Horizon Lanka Foundation - <http://www.horizonlanka.org/>) in Mahavilachchiya, Anuradhapura - North Central Province.
- ❖ Establishing twelve IT education facilities in rural schools by providing over 100 computers and ancillary equipment.



Lak Aruna IT Centre



Lak Aruna English Classes



Single Mother, Centre for Disadvantaged Women



Tree Planting by LSF Volunteers

Social & Environmental Sustainability

In a world of increasing needs, dwindling resources, and changing climate, propagating Social and Environmental Sustainability has become THE duty of this generation towards future generations. LSF has strived to fulfil this duty in its own small way, through following projects.

- ❖ Centre for Disadvantaged Women at Dummalasooriya. LSF provides social services to women who have suffered gender based abuse residing at this Centre, using funds raised by Peninsula Motor Group of Bankstown. The services aim to prepare the women to a life back to normalcy. Currently 11 single mothers and 4 babies are cared for at this Centre.
- ❖ Providing artificial limbs for 20 needy persons through the Centre for Handicapped at Kundasale, www.cfhsrilanka.org enabling the recipients to be mobile and self dependent, thereby relieving their relatives of the additional burden of care taking.
- ❖ Solar power to rural homes. Between 2007 – 2009, provided the 15% down payment (about A\$100 per home) to 78 homes in Southern, Uva, and North Central Provinces to install 40 Watt stand alone systems.
- ❖ In 2010, LSF, with the Tzu Chi Foundation of Australia, participated in 4 bush regeneration and environment protection activities organized by local Councils, the latest being at Lane Cove river near Sugarloaf Hill, East Ryde, where about 20 LSF volunteers participated.
- ❖ Training Disabled Servicemen. LSF assisted a handicapped police officer to conduct IT workshops for disabled servicemen, by providing computers, computer table and chairs. The objective was to assist disabled serviceman to attain skills in IT to seek employment conducive with their physical condition.

Thank You & See You on 19th March at Charity Dinner